

# The Party Line

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## The Board



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## WFRWC Logo Contest Winner Announced!

**CONGRATULATIONS to Nora Williams** -- a WFRWC junior member!

Nora's logo (*see masthead above!*) was submitted among others and voted upon by the club membership prior to our March 17th meeting. Nora was presented with a gift card. She also submitted a nice variation on her theme (*pictured at right*), which could be used for WFRWC's special Women's Health projects.



**CONGRATULATIONS again Nora!**  
*Heidi Salkeld, WFRWC President.*

## The President's Box

*Welcome to 2011, Members!*

The WFRWC started the year off with a bang by honoring its members at the January meeting! We began indulging on scrumptious hors d'oeuvres and completed our feast with a wonderful cake. It's not a party without cake, ladies, and I know it didn't fit into the "point system" but sometimes you just have to live a little.

We wanted to take the time to thank you, our valued members for all that you do by supporting our club and our Republican candidates.

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## NFRW Campaign Management School

On March 5<sup>th</sup>, our own Paula Bedner attended the NFRW Campaign Management School held at the Embassy Suites in Richmond. It was an all day course that started at 8 am and lasted until almost 5:30 with every minute jam-packed with great information and excellent ideas on running a campaign. The instructor was Holly Robichaud, founder of Tuesday Associates in Stoughton, Massachusetts. Her company specializes in grassroots campaigning, direct mail and fundraising.

The course covered the components of a campaign plan including: A quality candidate; effective organization; adequate money; developing the message; power base of support. Ms. Robichaud spent a lot of

*continued on page 2*

## Wondering what the proposed redistricting map means to you?

<http://redistricting.dls.virginia.gov/2010/RedistrictingPlans.aspx#map>

*Be forewarned – this is not a very user friendly interface.*

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## EXCITING NEWS!

We have confirmed **Catherine Mann-Grandy** as Guest Speaker at our May 19th meeting!

*Who is Catherine "Mrs. Fred" Mann-Grandy???*

Long before she met Mr. Fred (you may remember him as "Gopher" on TV's "The Love Boat"), Catherine Mann graduated from Michigan State University and followed her dream to the Big Apple. She served as an ambassador for NYC's Convention & Visitors Bureau, traveling all over the world. She then turned bicoastal as Editor in Chief of "Teen Magazine. She became a TV news reporter for

KCBS in LA, anchored at KMSP in Minneapolis and hosted her own talk show at WDIV in her hometown of Detroit.

As a reporter for Entertainment Tonight she was sent to interview "Gopher" on the set of "The Love Boat". They married two years later. Since that time she has produced three novels: *Tinsel Town* (Simon & Schuster) *Rumors* (Delacorte) and *Capitol Hill* (Dell).

She currently devotes her life to Mr. Fred and daughter, Little Miss Fred, and has researched hot topics for *The Grandy Group*, on WMAL.

For more information, visit [www.wfrwc.org](http://www.wfrwc.org)

## Campaign School... continued

time going through each of these topics in detail and showing us ways to target voters, raise funds, hone the message, identify and target voters and get out the vote on election day. If offered again, anyone thinking of running for office would be well served to take the course, as would anyone who would like to help a candidate get elected. The course information and ideas are excellent.

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## A Special Honor: The Banquet Invocation given by Rose Schultz

April 9<sup>th</sup>, VFRW Convention 2011

The first stanza of the song, "God Bless America" reads:

"While the storm clouds gather  
far across the sea,  
Let us swear our allegiance to a  
land that's free,  
Let us all be grateful for a land  
so fair,  
As we raise our voices in a  
solemn prayer."

*If you chose, please bow your heads with me... Heavenly Father, many here tonight are burdened with the weight of the world, with war and the rumors of war. Many here tonight have hailed and fare welled loved ones to fight for our freedom. On our hearts tonight are those who*

*suffer under tyranny and oppression, as well as those who suffer from the quaking of the earth and the fires of destruction. Some of us are just plain weary with well doing. Lord, you've said in Your Word,*

"Come unto me, all you who labor and are heavy laden, and I will give you rest."

Also, "they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."



*Would you renew our strength, LORD? Would you cause our speakers tonight to mount up with wings as eagles – to soar – and to encourage us to soar to greater heights? Would You honor us with Your Presence. Would You be amongst us and bless this food as we humbly partake of it for strength. Would you bless this wait staff who graciously serve us?*

"God bless America,  
Land that we love.  
Stand beside her and guide her  
Thru the night with the light  
from above.  
From the mountains  
to the prairies,  
To the oceans, white with foam  
God bless America, our home  
sweet home."

*In Your precious name we pray,  
Amen.*

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"Today, of course, was the Ides of March... This is the day in 44 B.C. that Julius Caesar was stabbed to death in the Roman Senate by 60 conspirators. See, that could never happen today. You can't get 60 senators to agree on anything." ~ Jay Leno



### **President's Box cont'd...**

Our club is made up many dedicated women which are focused on ensuring a Republican wins every election, no matter how "small"; reaching out to our community and to all Republicans; networking with other Republican organizations and women; and building long lasting friendships and camaraderie amongst our members in our club.

The tireless hours you have spent volunteering and campaigning for our candidates hasn't gone unnoticed and we thank you for your support for them and for your loyalty to the club. We appreciate you!

Here's to the start of a fantastic 2011!

*Heidi Salkeld*  
WFRWC President.

## **Adventures in Legislation**

### **Taking a Bill Through the General Assembly to Law**

*by Dottie O'Rourke, Immediate Past President.*

Have you ever wanted to get a new law passed in Virginia? That's what a group of active citizens and history fans in Herndon known as the *Friends of Laura Ratcliffe* decided to do in March 2010 when we learned about a program in Maryland and several other states called "Resident Curators."



In this program, publicly owned historic sites are leased to private citizens or groups who spend their own money to restore and preserve the property in exchange for the right to live in or use them.

They hoped this might work for a beautiful 19<sup>th</sup> century home named "Merrybrook" which was threatened by developers. The *Friends of Laura Ratcliffe* took their idea to Delegate Tom Rust (86<sup>th</sup> District) who agreed to sponsor a bill. He then guided us through the technical preparation, writing and coordinating with the proper state agencies, in this case, the Department of Historic Resources. The group organized statewide

grassroots lobbying to inform other historic organizations about their plan and enlist them to contact their legislators for support.

H.B.1963 was filed and introduced at the beginning of the session in January 2011. After lobbying the members of the House Cities, Counties & Towns Sub-Committee, to which the bill was assigned, the *Friends* mustered for the 7:30 AM hearing. With unanimous passage there, they continued their efforts with the whole committee and then enjoyed similar unanimous support on the House floor. After crossover day, they again lobbied the Senate Local Government Committee and once more experienced success, capped by unanimous Senate passage. Governor McDonnell signed the Resident Curator Amendment into law on March 18, 2011, creating a new tool for preserving our history for future generations.

The bill was not controversial and did not have any cost as it used existing programs within the DHR for administration. So regardless of what your cause or interest may be, the process of introducing a law in Virginia is indeed within your reach, and your elected legislators in Richmond are there with the expertise to help you accomplish your goals.



### **President's PostScript:**

*Dottie was a major player  
in the effort to get this  
legislation passed - kudos!*



## The WFRWC Proudly Announces Members Running for Office in 2011!

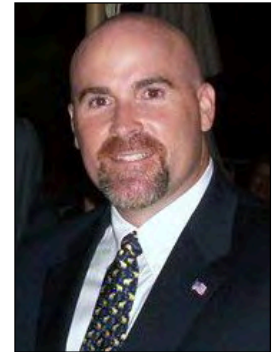
The WFRWC is thrilled to announce that two longtime club members are running for public office this year.



**Nancy Linton** is a candidate for Fairfax County School Board - Hunter Mill area. For more information on how you can support or volunteer for Nancy, visit

[www.nancylintonforschoolboard.org](http://www.nancylintonforschoolboard.org).

**Michael "Spike" Williams**, is a candidate for Chairman, Fairfax County Board of Supervisors. For more information on how you can support or volunteer for Spike, visit [www.vote4williams.com](http://www.vote4williams.com)



*Way to go WFRWC Members! We are behind you all the way!*

### SAVE THE DATE - JUNE 11th

The WESTERN FAIRFAX REPUBLICAN WOMEN'S CLUB cordially invites you to join us for an afternoon poolside barbecue with our invited special guest speaker Congressman Frank Wolf and other Republican representatives. Click [here](#) for more information and the RSVP card.

DATE: June 11, 2011  
Time: 4-7 pm  
Where: Home of Julie & Spike Williams  
12305 Delavan Drive • Oak Hill, VA 20171  
F&B: Traditional bar-b-cue with all the fixin's  
Cost: \$25/person

*We will be having a silent auction - always a highlight our fundraiser!*



### Could Hot Cocoa be the next "wonder drug" for high blood pressure?

HARVARD RESEARCHERS PRAISE STUNNINGLY SIMPLE DISCOVERY!

According to recent estimates, nearly 1 in-3 American adults has high blood pressure. But for the Kuna Indians living on a group of islands off the Caribbean coast of Panama,

hypertension doesn't even exist. In fact, after age 60, the average blood

pressure for Kuna Indian islanders is a perfect 110/70.

*Is it because they eat less salt?* No. Kuna Indians eat as much, if not more salt, than people in the U.S.

*Is it due to their genes?* No. Kuna Indians who move away from the islands are just as likely to suffer from high blood pressure as anyone else!

So what makes these folks practically "immune" to hypertension, and lets

them enjoy much lower death rates from heart attacks, strokes, diabetes, and cancer?

Harvard researchers were stunned to discover it's because they drink about five (5) cups of cocoa each day.

Studies show the flavonols in cocoa stimulate your body's production of nitric oxide—boosting blood flow to your heart, brain, and other organs. In

fact, one study found cocoa thins your blood just as well as low-dose aspirin!



## THE FINAL INSPECTION

*The Soldier stood and faced God,  
Which must always come to pass.  
He hoped his shoes were shining,  
Just as brightly as his brass.*

*'Step forward now, Soldier,  
How shall I deal with you?  
Have you always turned the other  
cheek?  
To My Church have you been true?'*

*The soldier squared his  
shoulders and said,  
'No, Lord, I guess I ain't.  
Because those of us who carry guns,  
Can't always be a saint.*

*I've had to work most Sundays,  
And at times my talk was tough.  
And sometimes I've been violent,  
Because the world is awfully rough.*

*But, I never took a penny,  
That wasn't mine to keep...  
Though I worked a lot of overtime,  
When the bills got just too steep.*

*And I never passed a cry for help,  
Though at times I shook with fear.  
And sometimes, God, forgive me,  
I've wept unmanly tears.  
I know I don't deserve a place,  
Among the people here.  
They never wanted me around,  
Except to calm their fears*

*If you've a place for me here, Lord,  
It needn't be so grand.  
I never expected or had too much,  
But if you don't, I'll understand.*

*There was a silence all around the  
throne,  
Where the saints had often trod.  
As the Soldier waited quietly,  
For the judgment of his God.*

*'Step forward now, you Soldier,  
You've borne your burdens well.  
Walk peacefully on Heaven's streets,  
You've done your time in Hell.'*

*- Author Unknown -*

*We the people are the rightful masters of both the Congress and the Courts - not to overthrow the Constitution but to overthrow men - who pervert the Constitution. - Abraham Lincoln.*

## Tips for Fuel Savings

Only buy or fill up your car or truck in the early morning when the ground temperature is still cold. Remember that all service stations have their storage tanks buried below ground. The colder the ground the more dense the gasoline, when it gets warmer gasoline expands, so buying in the afternoon or in the evening...your gallon is not exactly a gallon. In the petroleum business, the specific gravity and the temperature of the gasoline, diesel and jet fuel, ethanol and other petroleum products plays an important role.

A one-degree rise in temperature is a big deal, but the service stations do not have temperature compensation at the pumps.

When you're filling up do not squeeze the trigger of the nozzle to a fast mode. If you look you will see that the trigger has three (3) stages: low, middle, and high. You should be pumping on low mode, thereby minimizing the vapors that are created while you are pumping. All hoses at the pump have a vapor

return. If you are pumping on the fast rate, some of the liquid that goes to your tank becomes vapor. Those vapors are being sucked up and back into the underground storage tank so you're getting less value for your money.

One of the most important tips is to fill up when your gas tank is half full. The reason for this is the more gas you have in your tank the less air occupying its empty space. Gasoline evaporates faster than you can imagine. Gasoline storage tanks have an internal floating roof. This roof serves as zero clearance between the gas and the atmosphere, so it minimizes the evaporation. Unlike service station tanks, every truck is temperature compensated so that every gallon is actually the exact amount.

Another reminder, if there is a gasoline truck pumping into the storage tanks when you stop to buy gas, do not fill up; most likely the gasoline is being stirred up as the gas is being delivered, and you might pick up some of the dirt that normally settles on the bottom.



*If you care to offer the smallest token of recognition and appreciation for the Military, please pray for those who have given the ultimate sacrifice for freedom....*

***WE LIVE IN THE LAND OF THE FREE,  
ONLY BECAUSE OF THE BRAVE!***

*God Bless Our Military*



Are you tired of "gluing", pinning or clipping your name badge to your clothes? The WFRWC has the easy answer for you -- [Republican Lanyards for only \\$5!](#) Proudly wear your name badge to your club meetings, conventions, volunteering and all Republican events!



Are you trying to keep warm because nobody told Spring it was okay for it to arrive? Purchase a chance to win a [Hand Made Patriotic Quilt](#) especially made for the WFRWC! This quilt is double-side and has been made with tender loving care. A chance to win this quilt is only [\\$5 a ticket](#).



So you now have a Republican badge holder to proudly display your name and a quilt to keep you warm but what about that final touch?!

Since we can't rotate our wardrobes to Spring apparel just quite yet, how about a [Republican Rhinestone Elephant pin](#) (quantities are limited) to wear on your blazer! These beautiful pins are [only \\$20!](#)



*For more information or pictures of these items, please visit [www.wfrwc.org](http://www.wfrwc.org) and click on the left hand tool bar that says, "Show Your Republican Pride". Or use the order form below and bring it with you to the the next club meeting. All items will be available for sale throughout the year - note: quantities are limited so get your order in today! Thank you for your support!*

..... CUT HERE .....

## ORDER FORM

### Republican Lanyard

I would like to purchase \_\_\_\_ REPUBLICAN LANYARD(s) for \$5 each for a total owed of \$ \_\_\_\_

### 2011 Chance to Win a Hand Made Patriotic Quilt

I would like to purchase \_\_\_\_ ticket(s) for \$5 each for a total owed of \$ \_\_\_\_  
*(You do not need to be present to win – drawing to be held on June 11<sup>th</sup>)*

### Rhinestone Elephant Pin

I would like to purchase \_\_\_\_ ELEPHANT PIN(s) for \$20 each for a total owed of \$ \_\_\_\_

Date: ..... Name: .....

Club: ..... Address: .....

City: ..... State: ..... Zip: .....

Ph # (best contact): ..... Email: .....

Total Amount Enclosed: \$ .....

*Please send your order and payment (checks made payable to WFRWC) to:  
Julie Williams • 12305 Delevan Dr • Herndon VA 20171 • [1vp@wfrwc.org](mailto:1vp@wfrwc.org) • 703-264-5854*

Date Order Received: ..... Amount Paid: \$ ..... Check #: .....



Please welcome our newest WFRWC members!  
**Margaret Baker and Don Bedner**  
*We are so thrilled you have joined!*

## ***Another Great VFRW Legislative Day!***

January 13, 2011 was the second day of the new year's General Assembly session and, as is traditional, the day was set aside for VFRW Legislative Day.

A near record turnout of 350, representing 52 VFRW clubs, enjoyed breakfast courtesy of Governor and Mrs. McDonnell through the Opportunity Virginia PAC, and the First Lady welcomed us. We learned of improvements in public and rail transport from Director of Rail & Public Transportation Thelma Davis, and were updated on public safety and state security issues by Assistant to the Governor for Commonwealth Preparedness Terri Suit, and Secretary of Administration Lisa Hicks-Thomas.

Luncheon speakers featured Lt. Gov. Bill Bolling, Atty General Ken Cuccinelli, Speaker of the House Bill Howell, Senator Jill Vogel and Delegate Annie B. Crockett-Stark. A special surprise appearance by Governor McDonnell, who changed his schedule for us, capped an already terrific program.

We concluded our busy day with scheduled tours of the Capitol and Executive Mansion, and visits to the General Assembly Building to check in with our delegates and senators.

A collection of non-perishable food items to benefit the Central Virginia Food Bank will provide 794 meals for needy people.

This year, work and other schedule conflicts allowed only one WFRWC member, Past President Dottie O'Rourke to represent our club. So plan ahead for next year: Thursday, January 12, 2012 -- don't miss out!

## ***Keep in Touch of the Latest Events & News!***

Please be sure to visit our web site at [www.wfrwc.org](http://www.wfrwc.org) where we post updated items and information daily!

You will find...

- ★ Calendar of Events
- ★ WFRWC Monthly Meeting Schedule & Speakers
- ★ 2011 Virginia Legislative Guide
- ★ Honor Flight Information
- ★ WFRWC Newsletters (current & archived)
- ★ WFRWC Membership Form
- ★ Political Pride Items Available for Sale
- ★ WFRWC Officers & Chairwomen
- ★ Minutes & Agendas from Monthly Meetings
- ★ and much, much more!

[www.wfrwc.org](http://www.wfrwc.org)

## **Calendar**

### **April 21**

*Club Meeting:* Women's Health

### **April 30**

10<sup>th</sup> District's "Celebrate Reagan Dinner"

### **May 19**

*Club Meeting:* Guest Speakers **Catherine Mann-Grandy** and **Fred Grandy** and the WFRWC Barbara Bush Scholarship Award

### **June 11**

WFRWC Annual BBQ

### **June 18**

VFRW Board Meeting, Richmond

### **July**

Enjoy the Summer! No Meeting

### **August 18**

*Club Meeting:* Back by popular demand Corey Stewart, PW Chairman

**August 23** – Primaries!



Be sure to check the

## **2011 Honor Flights Schedules**

at

<http://www.wfrwc.org/honorflights.html>

or contact Betty Ann Olson at

[Mossranch27@aol.com](mailto:Mossranch27@aol.com)



# Western Fairfax Republican Women's Club Membership Form

Your Name: ..... Your Spouse: .....

Street Address: .....

City: ..... State: ..... Zip: .....

Phone Numbers: (H) ..... (W) ..... (C) .....

Email Address: ..... Fax: .....

Birthday: (Month) ..... (Day) .....

Yes, I am willing to have my address, telephone and email information published in the 2011 WFRWC Directory and on the Members' Only section of the WFRWC website.

Congressional District: ..... County: .....

Magisterial District: ..... Precinct: .....

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Regular Membership - Annual Dues \$40/year ..... NEW ..... RENEWAL

Associate Membership\* - Annual Dues \$25/year ..... NEW ..... RENEWAL

\* I am a regular member in the ..... Women's Club

Please make your check payable to WFRWC and  
mail along with your membership application to:

Lisa Maloney  
street address  
city state zip

**Regular Members** shall hold membership in only one Republican Women's Club, shall be eligible to make motions and vote, to hold office, to serve on committees and act as a delegate to the state (VFRW) and national (NFRW) conventions. A Regular Member in good standing is one whose current dues are paid.

An **Associate Member** is a member of another Republican Federal Club. Associate members cannot be counted toward delegate representation, hold office or vote, serve as a committee chairman, or act as a delegate to the state and national conventions. Republican men are welcome to become Associate Members.